



# Café Coromandel

## We eat with our Eyes First

### The Visual Appeal of a Restaurant

**"We eat with our eyes first"** emphasizes that visual appeal plays a crucial role in the dining experience. Before a dish is tasted, its presentation, colors, textures, and surroundings influence our perception and anticipation of flavor.

At Café Coromandel, this principle extends beyond the plate—it applies to the entire ambiance, from décor and lighting to table settings and artwork.

A concerted effort has been made to engage our valued diners visually, setting expectations for the quality of the meal at Café Coromandel! **The interior design, color scheme, and artwork** are thoughtfully made to align with the cuisine, creating a cohesive and immersive experience.

At **Café Coromandel**, the hues of yellow, South Indian temple-inspired paintings by Veeta Singh, and a cozy, lively atmosphere with intriguing music, prepare diners for an authentic South Indian culinary journey. These audio-visual cues enhance the perception of taste and authenticity.

Beyond aesthetics, **handmade and cultural art**, effort has been made to create Café Coromandel an ambient place that adds a layer of storytelling, making the space more inviting and memorable. Vibrant wall, handcrafted menu boards, and artistic plating of dishes are thoughtfully incorporated to further enhance the sensory experience of our customers and is a visual treat when they capture it for a memory or share it with their loved ones.

Café Coromandel understands the power of sensory appeal doesn't just serve food—it **creates an experience where every detail, from the ambiance to the plating, stimulates the senses, making each meal unforgettable.**

Art at Café Coromandel is an expression of Love and Prayer for all our visitors as the Gopuram along with the six meaningful paintings are art forms of Vedic times, they bless every time one looks at them!



# INNER REVELATION

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A journey into your own soul, is revelation of our true self. As we deep dive into our mystic selves, we discover a new 'I' layer after layer and begin to notice the intricate details and layers that invite deeper introspect.

## INNER REVELATION

### The Surface perception

It is a vivid interplay of colors and shapes, seemingly chaotic yet harmonious. This represents the initial perception of self, the persona we present to the world. Bright hues and bold strokes symbolize the roles we play and the identities we adopt in different social contexts.

### Emotional Undertones

The soft pastels intertwined with dark, moody shades, represent the emotional depth within us. The pastel hues signify moments of joy and peace, while the darker shades reflect our fears, anxieties, and sorrow. This is the emotional self, often hidden beneath the surface but crucial to our true identity.

### Hidden Details

The repetitive intricate patterns etched lightly in the background include faint sketches of personal memories or abstract forms representing dreams and aspirations. It speaks to our subconscious mind, the reservoir of forgotten memories, suppressed desires, and untapped potential. It is a reminder of the complexity within, encouraging us to explore and understand the deeper aspects of our psyche.

### Structural Foundation

Peeling back another layer, we uncover the structural elements of our core beliefs and values, the principles that form the foundation of our character. This structural layer is often not visible to the naked eye, much like our core self is not always apparent but is vital in shaping our actions and decisions.

### The Canvas

The canvas itself, the blank slate upon which everything is built. This canvas symbolizes our pure essence, the self that exists beyond all labels, experiences, and perceptions. It is the untouched, unaltered core of our being—our true self-awareness. This is the part of us that remains constant amidst the ever-changing layers of life.

### Reflection and Integration

As we step back and view the painting in its entirety, we realize that each layer, from the vibrant surface to the bare canvas, is integral to the whole. The painting becomes a metaphor for self-awareness, illustrating that understanding oneself requires peeling back the layers and acknowledging every part of our being. It is a continuous journey of reflection, acceptance, and integration.

By contemplating this painting, we are invited to embark on our own journey of self-discovery, peeling back the layers of our existence to reach a deeper understanding of who we truly are.

# SRIYANTRA

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**Sriyantra blesses every time one looks at it!**

**The Sri Yantra is not just a visual object; it is a meditative tool that guides the practitioner towards self-realization and the experience of ultimate reality.**

## SRIYANTRA

This meticulously crafted painting of the Sri Yantra, a sacred geometric revered symbol is associated with divine energy and the cosmos. The painting is a vivid tapestry of shapes, colors, and intricate patterns that draw you into a journey of spiritual exploration and self-discovery.

### **The Center: Bindu**

'Bindu', a small red dot at center symbolizes the unity of the universe and the source of creation. It signifies the pure consciousness and ultimate reality from which all existence emanates.

### **Surrounding the Bindu: Inner Triangles**

Nine interlocking triangles, Four point upwards, represent Shiva (the masculine principle), and five point downwards, symbolize Shakti (the feminine principle). Together, they form 43 smaller triangles, representing the cosmos and the human body.

### **The Lotus Petals: Ashtadal and Shodashadal Padma**

Surrounding the triangles are two concentric rings of lotus petals- The inner ring has eight petals (Ashtadal Padma), and the outer ring has sixteen petals (Shodashadal Padma) which symbolize purity, spiritual awakening, and the unfolding of consciousness.

### **The Squares: Bhupura**

Encasing the entire structure is the 'Bhupura', a square with four gates, symbolizing the earth and the material realm. The gates, represent the cardinal directions and the threshold between the physical world and the spiritual dimensions.

### **Symbolic Interpretation**

The Sri Yantra encapsulates the profound philosophy that the macrocosm (the universe) and the microcosm (the individual self) are reflections of each other. Engaging with the painting invites a deeper understanding of the interconnectedness of all things and the path towards spiritual enlightenment.

# ROOTED GROWTH

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**ROOTED GROWTH** is a painting with black, white, and sea green colors featuring different radius circles converging at one golden point within a larger circle to express a profound exploration of unity, harmony, and the convergence of diverse elements.

## ROOTED GROWTH

### Emotional and Aesthetic Impact

#### 1. Visual Harmony:

- The combination of black, white, and sea green, along with the golden accent, creates a visually harmonious and striking composition. The contrast between black and white provides visual interest and clarity, while sea green softens the composition and adds a calming effect. The golden point adds a touch of brilliance and focus.

#### 2. Calming Effect:

- Sea green, associated with the tranquillity of the sea and nature, imparts a calming and refreshing effect to the painting. It helps to balance the stark contrast between black and white, creating a soothing visual experience.

#### 3. Spiritual and Reflective Quality:

- The convergence of the circles at a golden point invites contemplation and reflection. It can evoke a sense of spiritual connection, inner peace, and the search for a deeper meaning or truth. The golden point acts as a beacon of wisdom and enlightenment, encouraging viewers to reflect on their own central values and beliefs.

This geometry serves as a powerful visual message of unity, balance, and the interconnectedness of diverse elements. It emphasizes the idea that despite differences and diversity, there is a central essence or truth that brings everything together in harmony which is forever grounded and forever evolving. The painting invites viewers to contemplate the deeper connections in life and the universe, encouraging a sense of peace, balance, and enlightenment.

This artwork serves as a powerful metaphor for comprehending the ever-expanding world while staying firmly rooted in one's values and origins.

## 36 PETALS LOTUS

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A 36 petals Lotus is a symbol rich with spiritual significance, a visual delight, a profound representation of cosmic order, spiritual enlightenment, and the intricate structure of existence.

### 36 PETALS LOTUS

#### Symbol of Purity and Spiritual Awakening

In the painting, the lotus is depicted in vibrant hues, with petals radiating from a central point, embodying the unfolding of consciousness and the blossoming of the soul.

#### The Central Point: Bindu

At the very heart of the lotus lies the 'Bindu', a small, radiant dot, symbolizes the ultimate reality or the seed of creation from which the universe unfolds.

In the painting, the Bindu is illustrated as a bright golden and red light, signifying pure consciousness and the origin of all existence.

#### The 36 Petals: Layers of Existence and Spiritual Ascent

Surrounding the Bindu are the 36 petals, arranged in concentric layers. These petals represent the various aspects of the universe, stages of spiritual ascent and different convey different energies and principles.

#### Symbolic Interpretation

As one immerses into the layers of the lotus, moving from the Bindu through the petals, and outward into the cosmic background. This visual journey mirrors the spiritual path, starting from the seed of creation, navigating through the layers of existence, and ultimately reaching a state of divine union and enlightenment.

#### Reflective and Meditative Experience

Engaging with this pattern offers a reflective and meditative experience. It encourages viewers to contemplate their own spiritual journey, to recognize the layers of existence within themselves, and to seek harmony and balance in their lives. The painting serves as a visual aid for meditation, helping one focus on the inner self and the broader universe.

This 36-petal lotus is brought to life, illustrating the profound spiritual symbolism and creating a journey of self-discovery and enlightenment. The intricate design and vibrant colors invite deep reflection, offering a glimpse into the timeless wisdom and the beauty of the spiritual path.



# ABUNDANCE KOLAM

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Abundance Kolam is inspired from traditional South Indian art form, typically created using rice flour or chalk powder on the ground, often in front of houses. When translated into a painting, the squares, dots, and lines in yellow, white, and gold, it represents a rich blend of traditional aesthetics and contemporary interpretation.

## ABUNDANCE KOLAM

### Visual Elements

#### Colors:

Yellow: Represents happiness, energy, enlightenment and the sun- the life giving energy.

White: Symbolizes purity, peace, and simplicity.

Gold: Conveys luxury, wisdom, wealth and adds opulence and sacredness to the artwork.

#### Shapes:

- Square: A stable and balanced shape, symbolizing structure, order, and groundedness

- Dots and Lines: Fundamental elements in Kolam art, where dots serve as the base points around which lines are drawn to create symmetrical patterns. The use of dots and lines can symbolize interconnectedness and the complexity of life.

### Symbolism and Interpretation

#### Tradition and Modernity:

- The use of traditional kolam elements within a structured square reflects a blend of heritage and contemporary art. It honors the cultural significance of kolam while presenting it in a new, modern context.

#### Harmony and Balance:

- The symmetrical patterns and the harmonious color palette convey a sense of balance, peace, and order, reflecting the meditative and spiritual aspects of Kolam.

#### Wealth and Purity:

- The incorporation of gold with white and yellow symbolizes a journey towards enlightenment, purity, and prosperity. Gold accents signify sacredness and luxury, while white ensures simplicity and purity.

#### Interconnectedness:

- The intricate patterns of dots and lines symbolize the interconnectedness of life, the universe, and human relationships. The meticulous arrangement suggests that every small element plays a crucial role in the larger design.

## 36 PETALS LOTUS

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The painting of intertwined red and green patterns encapsulate the theme of Duality and the power of existence. It invites viewers to reflect on the balance between opposing forces, the interconnectedness of all things, and the dynamic, transformative nature of life.

### 36 PETALS LOTUS

#### Colors:

Red and green are complementary colors, which means they are opposite each other on the color wheel. This opposition can symbolize duality in various aspects of life: Red represents passion, energy, and action, but also danger and aggression. Green symbolizes growth, harmony, and tranquility, but can also represent envy and stagnation. The interplay between these colors in the painting suggests a balance between opposing forces.

#### Circle:

The circle is a universal symbol of unity, wholeness, and infinity. It has no beginning or end, which can represent the cyclical nature of life, time, and the universe. The intertwining patterns in the circle depicts:

**Integration of Opposites:** The opposing forces are interconnected and interdependent. They coexist and influence each other, much like the concept of yin and yang.

**Dynamic Equilibrium:** The intertwining force continuously shapes and reshapes the other, maintaining harmony in existence.

**Power of Existence-** Ever existence of equal and opposite forces.

**Interconnectedness:** Nothing exists in isolation; every element is part of a larger, interconnected whole like Ecology and Environment.

**Human Relationships:** The interconnected nature of human emotions, actions, and societies.

**Tension and Harmony:** The painting may also convey the tension and harmony that exist within dualities.

**Struggle and Peace:** The perpetual struggle between opposing forces, and the moments of peace that arise when balance is achieved.

**Creation and Destruction:** Cycle of creation and destruction that drives existence, coexists.

**Transformation and Change:** The intertwining pattern suggest that existence is constantly evolving:

Through this painting, the concept of profound duality and coexistence is vividly brought to life. It serves as a powerful reminder that opposites are not merely opposing forces but essential parts of a greater whole, and that true harmony arises from embracing and balancing these dual aspects of existence.



**DOLCEVEETA**

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*A man should hear a little music, read a little poetry, 'eat a flavorful meal' and see a fine picture every day of his life, in order that worldly cares may not obliterate the sense of the beautiful which God has implanted in the human soul.—Johann Wolfgang von Goethe*

*I truly agree to above, as quoted by Johann Wolfgang von Goethe and would just like to add—eat a flavorful meal— as cooking is another expression of fine art.— Dolceveeta*

***Dolce- Beautiful Veeta- Life***

## About- Curator

Being born from a nuptial of Punjabi Music Graduate Mother & Lucknavi Science PG Father, naturally gave me my adorable Dolceveeta hybrid genes. Dolceveeta is the closest expression which defines me because Dolce is Beautiful & Vita means Life and by all means –It is a Beautiful Life- a gift from God to us.



**VEETA SINGH**

By virtue of being born and brought up in India, I grew up in diverse- culture, terrain, seasons, people, languages, food, clothes and above all Gods & religious beliefs and consequently my Camera memory stored all the versatility around me in my Heart- which keeps knocking my mind to share with ones who can enjoy.

Being a Biology student I am interested both in the Microscopic art and the art that cannot be contained in the Human Eye. I have tried to express my instincts through my Podcast- Dolceveeta and through print media in my books Invincible Mother, Incredible Father, Soujorn & The Ism and Pakistani Safar e Zaika.

Being a Hospitality professional and having worked as a hardcore Operations person in Five Star Hotels has fed my hunger for Art through the art around me in the artifacts, pictures in rooms & corridors and the events of art exhibition. Food plating/ presentation, displays and working with the best of Gourmet Chefs both from the Cuisine & Patisserie added aesthetics to my sense of art. I have also done a memoir 'Pakistani Zaike Ka Safar' which has recipes and stories of Culture of over hundred fifty years.

As Life happened, the hunger to express myself grew as living in Delhi, a metropolis, getting into a job, marriage, children- all were mind altering challenges, but my Art & unrelenting faith became the strength that kept my hopes high in the most agonizing times. Withstanding the vicissitude of time & events of Life, my life kept thawing in such a way that I became oblivious to the material world, the existent and the obscure. Time & Tide Teach us to Trade our Turmoil with Triumphs. In the melting pot of Time my expression of art has been an attempt to express the inner thought, inner prayer, inner devotion and submit myself to the existence. Whatever I draw, paint, write or create are tasks that I assign myself to practice abundant patience, obedience and focus, as these are some of the mandatory essentials to swim across a river of fire in testing times. In my works I make an effort to express purposeful deeds and strong faith which can and have in my life- cased out the difficulties of life.

I started my painting journey under an able guidance of a young 18 year old painting teacher- Rana Sir, in art school of my children. It was he who got the fear out of my head of going wrong. He was so young that I was not hesitant of asking any lame questions or afraid of getting mocked or ridiculed by comates because my co students were all 5-8 years olds. Colors intrigued me, coz every time I close my eyes, my mind visualizes patterns and colors like a kelidoscope.

The most striking and memorable day of my life which I will always cherish was when in an exhibition I met the Legendary artist Mr Jatin Das who appreciated my journal compilation which I gifted him. He gave me audience and gave me an opportunity to visit his Studio Gallery. His mantra for the magic to happen was to write a poem & paint each day. Hard task to follow but as a disciple I followed his instruction every single day- to an extent if I do not create something in a day- I feel truly wasted.

I started my journey by doing digital paintings on various subjects followed by making doodles for my books and finally took to acrylics on canvas where the Sacred geometrics of Sriyantra and dasam maha vidyas, Colors, light patterns & Nature fascinate me the most. I can spend a life time watching tranquility in Nature- the more I paint, more I observe and the more I observe the more I paint. I am truly inspired by the styles of legendry artist Sh Raza, Monnet and Pollack. I see myself blend Indian art styles like Madhubani, Warli art, Miniature paintings in my works and find myself on a never ending Dolceveeta journey through my imagination.